

Creating Waves of Change



**Altrusa International
District Eleven
66th Annual Conference**

Table of Contents

4	Schedule at a Glance
6	Governor's Welcome
7	President's Message
8	Guests
10	Keynote Speakers
11	Conference Rules
12	Workshop & Event Details
14	District
15	Conference
16	Thank You
17	District Membership & Delegates
18	Nominees
21	Lamplighters

SAVE THE DATE

Altrusa International Foundation of Anaheim, Inc.

A 501©(3) charitable Organization 01-006808

Festival of Trees

Saturday, November 5, 2022

11:30 a.m.—2:00 p.m.

Anaheim United Methodist Church Hall

1000 S. State College Blvd,

Anaheim, CA 92806

Refreshments & Mr. & Mrs Claus

**Entry ticket includes a
door prize voucher.**

Advance Purchase \$20.00

At the Door \$25.00

Opportunity drawing for Decorated Trees. Silent Auction, Homemade Baked Goods, jams, Jelly and Pickles.





CREATING WAVES OF CHANGE

April 29 thru May 1, 2022
Paradise Point Resort
San Diego, California

Mission:

Altrusa is a leader among international service organizations dedicated to improving the community by providing service and financial support, developing leadership, fostering education, and encouraging fellowship through an international network of dedicated volunteers

Schedule at a Glance			
Thursday	PM	12:30-5:00	District Board Meeting EXECUTIVE SUITES
		3:00-7:00	Registration & Credentials Check In HOTEL LOBBY
		5:00-5:45	Expediter's Orientation MISSION BAY BALLROOM
		6:00-8:00	Meet & Greet GOVERNOR'S SUITE
Friday	AM	7:00-11:15	Registration & Credentials Check In HOTEL LOBBY
		8:00	Silent Auction Opens MISSION BAY GALLERY
		8:00-11:00	Dive into Reading with Reading Legacies MEET AT REGISTRATION
		9:00-10:00	District Chairs Meeting GOVERNORS SUITE
		10:15-11:00	EXECUTIVE SUITES Let's Make Some Waves: First Timers Meeting Leslie Johnson, First Vice Governor Big Kahunas Shooting the Curl: Presidents & Treasurers Forum Melinda Aguirre, Governor April Smith, Governor Elect, Betty Baran, Treasurer
		11:15-11:30	Flag & Banner Procession Line Up US Navy Color Guard from Naval Medical Center San Diego MISSION BAY BALLROOM
		11:30-2:30	Opening Ceremonies and Awards Luncheon Chula Vista Mayor Mary Casillas Salas Keynote Speaker: Paulina Kay MISSION BAY BALLROOM
	PM	2:30-4:30	Registration & Credentials Check In MISSION BAY GALLERY
		3:00-4:30	Successful Sailing: All-Conference Workshop Shawna Veldhuizen, Foundation Executive Director Leslie Johnson, Foundation Chair Danielle Robello, District Director / Foundation Liaison MISSION BAY BALLROOM
		5:00-6:30	International Representative Reception & Marketplace EXECUTIVE SUITES
		6:45-8:45	Mariachi Dinner in Old Town at Casa de Reyes Meet at the HOTEL LOBBY for bus transportation

Schedule subject to change.

Saturday

AM

6:00-12:00	Registration & Credentials Check In MISSION BAY GALLERY
6:30-7:30	Tammy Fournier 3K Fun Run Meet at the HOTEL LOBBY
7:30-8:30	Past Governors' Breakfast BAREFOOT BAR & GRILL
8:30-8:45	Delegate / Alternate Instructions MISSION BAY BALLROOM
8:45	Silent Auction Closes
9:00-10:30	Opening Business Session MISSION BAY BALLROOM
10:40-11:20	Memorial Service Mission Bay Ballroom
11:30-12:15	Workshops EXECUTIVE SUITES Tide Pools I Stay Afloat & Share Your Lifeboat Antoinette Thorburn, Membership Chair I Gail Swain, New Club Building Chair Our Little Kahunas April Smith, ASTRA Chair

PM

12:30-2:30	Foundation Luncheon MISSION BAY BALLROOM Shawna Veldhuizen, Executive Director, Altrusa International Foundation Leslie Johnson, Chair, Altrusa International Foundation Danielle Robello, District Director / Foundation Liaison Keynote Speaker: Alma Tucker, President, International Network of Hearts
2:45	Delegate Voting Closes
2:45-3:30	Workshops EXECUTIVE SUITES A Million Drops Make a Wave I Waves of Books Tiffany Lau, Service Chair I Elaine Wilder, Literacy Chair Extra! Extra! Read All About It! Eva Salas, DSB Editor & Webmaster
3:45-4:30	Closing Business Session & Call to Conference MISSION BAY BALLROOM
5:15-6:00	District & Club Photos
6:00-7:00	Reception MISSION BAY PATIO
6:45-7:00	Banquet Procession Line-up MISSION BAY BALLROOM
7:00-8:30	Governor's Banquet MISSION BAY BALLROOM
8:30	Governor's Reception MISSION BAY BALLROOM

Sunday

AM PM

9:00-10:00	District Board & Chairs Meeting EXECUTIVE SUITES
10:15-1:00	District Board Meeting EXECUTIVE SUITES

Schedule subject to change.

Governor's Welcome



Welcome to our 66th District Eleven Annual Conference where we'll be "Creating Waves of Change"! After two years of practicing flexibility with a canceled conference and our first ever virtual conference, I am excited that we have over 100 members attending this year's in-person conference in San Diego. I hope everyone has a wonderful time learning from our Committee Chairs and of course socializing at all our fun events, such as the Old Town mariachi dinner on Friday night. Please join me in welcoming our special guests, Bettina Schempf, Altrusa International Director, and Shawna Veldhuizen, Executive Director of the Altrusa International Foundation. Shawna will be sharing her Foundation Adventure (expertise) at our all-Conference workshop on Friday afternoon, and we have our special International Representative Reception planned for Friday night where you can socialize and support our sister clubs at Market Place. Be sure to visit the Foundation Room between presentations to put your bid in for a silent auction prize. And you don't want to miss our keynote speakers at our luncheons: Paulina Kay and Alma Tucker. I can't wait to celebrate and dance with you at my reception on Saturday night. Thank you to the District Board and our host club Chula Vista for pulling out all the stops to make this the best Conference thus far!

Melinda Aguirre
District Eleven Governor
Central Coast

*Be
the
Change*



Dear District Eleven Members,

Your 2022 District Eleven Conference is fast approaching and I'm sure you are getting excited about gathering together once again. I encourage all of you to attend this event if possible. Conference is a wonderful time spent renewing old friendships, making new ones, celebrating accomplishments, as well as, doing the work of the District. Most importantly, however, it is a time to enjoy being together as Altrusans. You will return to your clubs renewed, re-energized, and eager to do the work of Altrusa which is Service to Others Leading to a Better Community.

I eagerly await hearing about the wonderful things you are doing in your communities as you strive to live up to the mission of this wonderful organization. Never forget that what you are doing is making a difference, and never forget that ...*United We Can Achieve Much!*

Kathy Folley

International President
Altrusa International, Inc.



Bettina Schempf

Altrusa International of Corvallis, Oregon District Twelve



Bettina is a Past Governor (2017-2019) for District Twelve and the District Webmaster. She also serves as the current Leadership Chair for the District.

As an Altrusa International Director she serves as the ASTRA committee liaison for the Board.

Bettina has been an Altrusan since 2007 after she moved to the United States in 2006. She has served as the Club President, President-Elect, Director and committee chair for several committees. She served as District Treasurer from 2016-2017 when an unexpected vacancy occurred in that role. Bettina supports clubs and club leaders with group and individual training and advice. She enjoys meeting Altrusans from other clubs during visitations and at conferences.

Professionally, Bettina's career has included financial management, project management and general management positions in for profit and not for profit organizations. Since 2013 she has been the Executive Director of a large Non-Profit serving the community with early childhood, child abuse prevention, occupational therapy and mental health services. After completing a business degree in English, French and German her working career started in Berlin, Germany and took her to Wellington and Auckland in New Zealand before moving to Corvallis with her husband Jeff in 2006. Bettina has an MBA from Oregon State University. Bettina also volunteers as a Court Appointed Special Advocate for foster children and served as the president and treasurer for UNICEF New Zealand for 5 years.

Shawna Veldhuizen

Executive Director of Altrusa International Foundation, Inc.



Shawna Veldhuizen is the Executive Director of Altrusa International Foundation, Inc. She joined the Foundation in 2013 after working for The Leukemia & Lymphoma Society, Chicago Chapter. Shawna travelled to Dominase, Ghana for three weeks in 2016 to observe an educational healthcare organization supported by the Club 21 Program. The photo alongside this bio shows one of her favorite moments with local students on the trip. Shawna graduated from Western Michigan University in 2006 with a Bachelor of Business Administration in Advertising and Promotion. In 2007, she went to Gunsan, South Korea to teach English as a second language. The experience in Korea prompted her to enroll at DePaul University where she earned her Master of Arts degree in Journalism in 2010. Shawna married her husband Jacob in 2020. One year later their daughter Emery Jane Scout was born on July 25, 2021. The trio are enjoying time together as a new family with their German Shepherd, BlueBear, and tuxedo-wearing cat, Ziggy.

Keynote Speakers

Paulina Kay

Author Paulina Kay is the founder of Kay Consulting and a former corporate communications and public relations professional. In her new book, *True Joy for the Retired: A Holistic Approach to Spreading the Love to our Forgotten Elderly* she shares her experiences and the importance of transgenerational relationships in our modern times. Paulina grew up in Mexico enjoying the stories of struggles and success her father and grandmother would share with her. She hopes that through her book, she can help us reconnect and truly appreciate and relish the gift of love, joy, and wisdom earlier generations have so generously given to us. Paulina believes that the stories of the past can be a gift that helps us walk through our difficult moments in life.



Alma Tucker

Alma Tucker is the Founder and President of the nonprofit organization International Network of Hearts (INH) and the Mexico counterpart, Red Binacional de Corazones. She received her graduate degree in clinical psychology from the University Center of Technical and Superior Education (CETYS) in Baja California, Mexico. Alma worked as an investigative officer for the Child Protection Unit with the Mexican Consulate General based in San Diego for more than ten years. She has more than 15 years of experience assisting victims of abuse and human trafficking. Her organization, INH, is a nonprofit based in San Diego that supports survivors of human trafficking and provides training and education at an interdisciplinary and bi-national level. They also established the only group home in Baja California designed for young boys and girls recovering from human trafficking, called Casa del Jardín.



Conference Rules and Procedures

April 29-30, 2022

1. The voting body at this conference shall consist of members of the District Eleven Board of Directors; regularly accredited delegates from clubs within the District; and Past Governors, holding active membership in their respective local Altrusa Clubs or who are affiliate members. Members of the voting body shall have one vote on each question to come before the assembly. No person is entitled to more than one vote. (District Bylaws, Article VI, Section 7)
2. A majority of the members who are entitled to vote shall constitute a quorum and the act of the majority of members at which a quorum is present shall be the act of the members of the District. (District Bylaws, Article VI, Section 6)
3. Only voting members may introduce motions and vote, but all non-voting members shall be allowed the privilege of speaking to a motion.
4. Each member has the right to speak twice on the subject, but may not make a second speech on the subject as long as any other member who has not spoken desires to speak on it. Debate is limited to two minutes per speech.
5. Debate must remain germane to the Motion.
6. Speakers must direct their debate through the Chair. An individual must identify themselves by name and club prior to speaking.
7. Upon the making and seconding of a motion, the maker of the motion shall email the motion to the District Governor and District Secretary.
Governor – governor@altrusadistricteleven.org
Secretary – secretary@altrusadistricteleven.org
8. A motion may be withdrawn while pending if general consent of the voting body is given.
9. The latest edition of Robert's Rule of Order, Newly Revised, will be the Parliamentary Authority. The parliamentarian interprets meeting rules and advises the presiding officer of parliamentary procedure.

Carol Latham
District Eleven Parliamentarian

Workshop & Event Details

Thursday, April 28, 6:00-8:00 pm | Meet and Greet | Governor's Suite

Wear your Hawaiian best, kick off your shoes, and mingle with fellow Altrusans while enjoying some delicious island snacks in the Governor's Suite

Friday, April 29

8:00 am | Silent Auction Opens | Mission Bay Gallery

Put in your bids for some fantastic prizes donated by members from all over the District. Proceeds will support the Altrusa International Foundation and District Eleven.

10:15-11 am | First Timers Meeting | Executive Suites

If this is your first time attending an in-person District Eleven Conference, join Leslie Johnson to get your questions answered, learn more about Altrusa, make some new Altrusan friends, and win some prizes.

10:15-11 am | Presidents & Treasurers Forum | Executive Suites

Get together with other club presidents and treasurers to exchange ideas, learn from each other's experiences, and express your concerns with District leaders.

11:30 am-2:30 pm | Opening Ceremony & Member Awards Luncheon | Mission Bay Ballroom

Get inspired by our keynote speaker, Paulina Kay, as we hear about her experiences with building intergenerational relationships and how we can do the same in our clubs and communities. We will also be presenting awards for overall club attendance and most first timers, and recognizing individual members' years of service. Stay after the meeting to meet Paulina and buy her book, *True Joy for the Retired: A Holistic Approach to Spreading Love to our Forgotten Elderly*.

3:00-4:30 pm | Successful Sailing – The Altrusa International Foundation Waves of Change | Mission Bay Ballroom

Learn about the various grant opportunities your club can apply for and how to apply for them, the Lamplighter and Club 21 programs, how your club can be featured in the Foundation's Impact newsletter, and using MobileCause to donate online.

5:00-6:30 pm | International Representative Reception & Marketplace | Executive Suites

Meet our International Representative, Bettina Schempf, and buy some items at our Marketplace to support clubs in our District. Hors d'oeuvres will be served and a cash bar will be available.

6:45-8:45 pm | Mariachi Dinner in Old Town | Casa de Reyes

Join us at the hotel lobby to hop on our charter bus to historical Old Town San Diego for a night of fun, food, and friends. Tickets must have been purchased in advance on your conference registration form.

Workshop & Event Details

Saturday, April 30

6:30-7:30 am | **Tammy Fournier 3K Fun Run / Walk** | Meet at Hotel Lobby

Join the fun at the crack of dawn with all the other early birds. This isn't just a run; we'll be dancing, singing, and handing out special giveaways along our red, white, and blue pathway to all those looking for a good time with their Altrusa family.

7:30-8:30 am | **Past Governor's Breakfast** | Barefoot Bar & Grill

If you've had the honor of serving as a District Eleven Governor, head west toward the water to join Pat Zoller for a sunrise breakfast at the marina.

8:45 am | **Silent Auction Closes** | Mission Bay Gallery

Make sure you place your last bids before 8:45am. Winners will be posted after our Opening Business Session. Proceeds will support the Altrusa International Foundation and District Eleven.

11:30 am-12:15pm | **Tide Pools – Stay Afloat & Share Your Lifeboat** | Executive Suites

How to deal with the challenge of a swirling tide pool, strengthen your club membership, and help a sinking ship by learning membership growth and retention skills.

11:30 am-12:15 pm | **Our Little Kahunas** | Executive Suites

Learn about starting and growing an ASTRA club.

12:30-2:30 pm | **Foundation Luncheon** | Mission Bay Ballroom

Hear about the impact the Altrusa International Foundation is making thanks to the generous contributions of our members and learn about our new District-wide service project from our keynote speaker, Alma Tucker, President of International Network of Hearts. We will also be selecting the raffle winner for a night stay at Paradise Point Resort. Stick around after the luncheon to meet Alma.

2:45-3:30 pm | **A Million Drops Make a Wave – Waves of Books** | Executive Suites

Learn to spread the waves of service through multiple channels and promote literacy in your community.

2:45-3:30 pm | **Extra! Extra! Read All About It!** | Executive Suites

Learn some tips and tricks on creating your club newsletter.

6:00-7:00 pm | **Reception** | Mission Bay Patio

Dress in your favorite cocktail attire. Join us for a reception with hors d'oeuvres and a cash bar in anticipation of our Governor's Banquet.

7:00-10:00 pm | **Governor's Banquet & Reception** | Mission Bay Ballroom

Make sure to bring your cameras and dancing shoes. We will be presenting clubs with service awards and the distinguished Marilyn Atwood Award. After the banquet, join us for a night of dancing with the BREEZ'N band.

District Board Members 2021-23

Title	Member	Club
Governor	Melinda Aguirre	Central Coast
Governor Elect	April Smith	SLO County
First Vice Governor	Leslie Johnson	Anaheim
Second Vice Governor	Hillary Sloan	Chula Vista
Director/ Foundation Liason	Danielle Robello	Chula Vista
Treasurer	Betty Baran	San Diego
Secretary	Kathy Girard	San Diego
Parliamentarian	Carol Latham	Anaheim
Immediate Past Governor/Training Chair	Pat Zoller	San Diego

District Committee Chairs 2021-23

Committee	Chair	Club
ASTRA	April Smith	Central Coast
Communications	Corey Johnson	Los Angeles
District Service Bulletin	Eva Salas	Chula Vista
Leadership	Jeri Fulgham	Reno/Sparks
Literacy	Elaine Wilder	Tucson
Membership	Antoinette Thorburn	Oxnard
New Club Building	Gail Swain	Eastern Sierra
Service	Tiffany Lau	Eastern Sierra
Webmaster	Eva Salas	Chula Vista

CONFERENCE COMMITTEE AND APPOINTED CONFERENCE CHAIRS

Host Club: **Altrusa International of Chula Vista**

Conference Chairs: **Danielle Robello** Chula Vista
Dr. Julie Robello Chula Vista

Conference Treasurer: **Lina Silva-Cestero** Chula Vista

Ceremonies Coordinator: **Eva Salas** Chula Vista

Registration Chair: **Ceci Garcia** Chula Vista

Special Events & Entertainment Chairs: **Juanramón Castel** Chula Vista
Helen Nosal

Credentials Chair: **Melanie Hodges** SLO County
Sandy Diaz Oxnard

Elections Chair: **Kathy Ulincy** The West Valley

Elections Committee: **Leslie Fountain** The West Valley
Helyn Sloan Chula Vista

Memorial Service: **Andrea Shallcross** Eastern Sierra

Program Handbook Editor: **April Smith** SLO County

Expediter Chair: **Koni Shaff** SLO County

Expeditors: **Members of the San Luis Obispo County Club**

THANK YOU!

Chula Vista Mayor Mary Casillas Salas
US Navy Colorguard from Naval Medical Center San Diego
National Anthem Rebecca Garcia
Keynote Speakers: Paulina Kay & Alma Tucker,
President, International Network of Hearts

Hotel Staff
Lindsey Amador, Director of Sales and Marketing
Carrie Shidler, Event Planning Manager
Bryce Taitano, Group Rooms Coordinator

Chula Vista Club President: Dr. Julie Robello

Conference Chairs: Dr. Julie Robello & Danielle Robello
Host Club Committee Chairs: Ceci Garcia, Eva Salas, Juanramón Castel
District Outreach Leaders: - Helyn Sloan and Sandy Pfefferkorn
Fun Run Coordinator Helen Nosal
Online Registration Forms: Leslie Johnson
Secured Presenters: Irasema Quilantan, Kathy Girard,
Lina Silva-Cestero, Sanayah Hilaire, Shauna Stokes
Venue Proposals: Lisa Johnson

Donors & Sponsors: Scott & Lorrie Heising, Shauna Stokes, Glenda Hogg,
Copy Link, Ryan Family YMCA, Eva Salas, Melinda Aguirre, Barbara Arrisa, Betty
Baran, Sharon Brower, Mary Burroughs, Kathy Girard, Rosemarie Hudson, Leslie
Johnson, Carol Latham, Kathy Lightbody, Marcia Lucas, Donna Moss, Kristi
Phillips, Irasema Quilantan, Lily Ramirez, Danielle Robello, Dr. Julie Robello,
Maureen Roeber, Helyn Sloan, Hillary Sloan, April Smith, Pat Young, Pat Zoller

THANK YOU!

District Membership & Delegates

Club	Club Total	Emeritus	Delegates	Alternates
ANAHEIM	25	1	2	2
CENTRAL COAST	21	0	2	2
CHULA VISTA	42	0	3	3
EASTERN SIERRA	28	3	2	2
GLENDALE*	16	3	1	1
GOLDEN VALLEY	23	0	2	2
INDIAN WELLS	18	1	2	2
LONG BEACH*	8	0	1	1
LOS ANGELES*	7	1	1	1
MONTEREY PENINSULA*	9	0	1	1
OXNARD	20	3	2	2
RENO/SPARKS	21	0	2	2
SAN BUENAVENTURA*	8	0	1	1
SAN DIEGO	24	4	2	2
SAN DIEGO NORTH COUNTY COASTAL	18	0	2	2
SAN LUIS OBISPO COUNTY	24	0	2	2
SANTA MARIA	43	4	3	3
SOUTHERN CA VIRTUAL CLUB**	8	0	0	0
THE WEST VALLEY*	14	1	1	1
TUCSON	28	4	2	2
TOTALS	397	25	35	35

*Under charter strength **In formation (no delegates)

Nominees for 2022-2023 District Eleven Nominating Committee

We are proud to present the slate for 2022-2023 District Eleven Nominating Committee. Elections will be held during District Eleven Conference in San Diego, California on April 29/30, 2022.

Charlotte Perry, Altrusa International of San Diego
Kathy Telleria, Altrusa International of Golden Valley
Sue Larkin, Altrusa International of West Valley

Submitted by Koni Shaff, Margee Neer and Jan Riggins 2020-2021 District Eleven Nominating Committee

Kathy Telleria

As a now retired elementary school teacher I have always been interested in supporting education and literacy. Challenging my students and involving them in service to their community has always been my goal.



After volunteering with Mission Hope, Allan Hancock College, the Central Coast Literacy Council, serving on two Association Boards, and participating in various fundraisers, I joined Altrusa of Golden Valley in early 2012. As a Club member I have served on many committees supporting our children and community.

In 2014 our Club started work on forming a 501c3 achieving inclusion under Altrusa International in August 2015. I served as Foundation Chair for three years before becoming Club President for three years. I am now serving as Immediate Past President.

After being the district Eleven ASTRA chair I would like to serve on the Nominating Committee, encouraging other members to become involved at the District level.

Proud to be an Altrusan and all it represents!

Sue Larkin became an Altrusan in December of 1984.

She has served as President a total of ten years, and has



served as Secretary and Treasurer as well as Chair for several committees. Over the years Sue has served as Service Chair, Membership Chair, Secretary and Treasurer for District Eleven. She has attended District Eleven Conferences since 1985, missing only a few. She has attended three

International Conventions: Orlando in 2007, Kansas City in 2015 and Nashville in 2017.

Sue believes participation at all levels of Altrusa has allowed her to grow as a leader and to develop lifelong friendships throughout Altrusa's organization.

Nominees for 2022-2023 International Nominating Committee

We are proud to present the slate for 2022-2023 International Nominating Committee. Elections will be held during District Eleven Conference in San Diego, California on April 29/30, 2022.

**Pat Zoller, Altrusa
International of San Diego**

Submitted by Koni Shaff, Margee Neer and Jan Riggins 2020-2021 District Eleven Nominating Committee

Charlotte Perry was born in North Platte, Nebraska and received her education at the University of Nebraska-Lincoln and Denver University. Throughout her life, she has embodied the Mid-Western sense of values - community, patriotism and the work ethic.



Charlotte worked for more than forty years with children, fostering their love of reading through her work as a children's librarian. Since retirement she has become a full-time volunteer giving back to the community through various activities. She joined Altrusa International of San Diego in 2013 and has served as President. She is currently the President of the San Diego Altrusa Foundation and has chaired several fundraisers. Charlotte has served District Eleven as Chair of the Service Committee and the Marilyn Atwood Outstanding Altrusan Award.

Through her commitment to volunteerism she has provided her leadership and talents to many organizations such as The Gold Diggers – President and Hat's Off Co-Chair; Daughters of the American Revolution – La Jolla Chapter Past Regent; Chi Omega S.D. Outstanding Alumnae 2006 and Life Time Achievement Awards 2012; Delta Kappa Gamma Society International, Past President, Past Area Director and "Key" Woman Educator- 2009; Mt. Soledad Memorial Association, Trustee and Speaker's Bureau Chair; Club Altura – Past President; University of Nebraska Alumni – Board Member; California Retired Teachers Association; and Old Town State Park Volunteer. She is Co-chair of Light One Little Candle Foundation which gives books to cancer patients at Moores UCSD Cancer Center

Charlotte has been honored by many organizations for her volunteer efforts and it makes her pleased that she is making a difference in the community that has served her so well.

Pat Zoller

I have been a member of the Altrusa Club of San Diego for 25 years. I have served as club president for two terms and as editor of the club's newsletter for many years. I became a member of the District Eleven Board of Directors in 2013. In 2019 I had the honor of becoming Governor of District Eleven. I currently serve on the District Board as Immediate Past Governor.



My career was in public education with the San Diego Unified School District and the San Diego County Office of Education. My responsibilities included school facilities management, property acquisition, construction of new school facilities and maintenance and operation of school buildings and administration offices. I retired in 2006. Since that time, I became more, more involved with Altrusa and have gotten so much out of the whole Altrusa experience, especially the many friendships that have developed over the years.

It has been an honor to serve on the District Eleven Board of Directors for the last 8 years and I would be honored to serve on the International Nominating Committee.

Nominees for 2022-2023

District Eleven Representative for International Foundation

We are proud to present the slate for 2022-2023 District Eleven representative for International Foundation. Both of these nominees would do a great job of representing our district.

Elections will be held during District Eleven Conference in San Diego, California on April 29/30, 2022.

Shauna Stokes, Altrusa International of Chula Vista

Marcia Lucas, Altrusa International of Tucson

Submitted by Koni Shaff, Margee Neer and Jan Riggins

2020-2021 District Eleven Nominating Committee



Shauna Stokes is a 30-year member of Altrusa International of Chula Vista, Inc. She held all Club Board positions, including two stints as Club President. She also served on the Club's Foundation Board as Director on two occasions. She served as the Club's Service Committee Chair for many years. As a member of Altrusa, she has been a leader in service and has made a difference in the South Bay community and internationally. She is passionate about service and serving the community. Shauna is especially proud of the Club's work providing needed supplies to local displaced students, providing books and supplies to pre-Kinder children affected by domestic violence, and setting up libraries at three schools in impoverished areas in Mexico. Shauna received a Leadership Award in 2021 from ABC 10News for her work in our community and Woman of the Year Award from Assemblywoman Lorena Gonzales Fletcher in 2017 for her contributions to the community and exemplifying courage, tenacity, leadership, and service. Many of the Club's service projects that Shauna has been involved in have received Altrusa International Foundation grant funds and District Eleven awards. Shauna is also active with the Friends of the Chula Vista Library and the Chula Vista Community Foundation. She is retired from the City of Chula Vista, having worked in a variety of positions and departments, from Administrative Analyst to Assistant Director of Recreation. She is in a book club, loves travelling to California's Central Coast, and enjoys doing crossword puzzles, jigsaw puzzles, and dancing, especially at the District Eleven conferences. She is thus honored to be considered for this International Foundation position and continuing to grow as a leader within Altrusa.

Marcia Lucas

I have had the interesting, challenging, growing voyage of being an Altrusan since 2001. I grew up with all things Altrusan with a mother also a long time member. I have held the positions of president twice, committee chairs innumerable times, foundation trustee twice (currently serving as chair of the Tucson Club), served as literacy chair under Governor Ann Bauman. Education included degrees in education from the University of Arizona and program/judicial management masters from University of Southern California. Work experience has run the gamut from GED teacher at a junior college in Phoenix area, "professional" volunteer for numerous programs over the years, client educator with home health agency, master consumer advisor with UofA cooperative extension service in Tucson. My spouse and I have enjoyed traveling to international conventions and district eleven conferences. Personally we have killer Chihuahuas (every one of which have been rescues over the years), have loved to travel with Road Scholar educational program and cruise and hope to resume those activities again, kids and grandkids are on the west coast. The values and focus of Altrusa is important to me as I was raised with the expectation of service, volunteering and trying to make the world a little better place for having been in it.



2021-2022 District Eleven Lamplighters

Altrusa International of Anaheim, CA	Girard, Kathleen A. Gleinn, Andra	Schwartz, Mary Jo Shallcross, Andrea
Altrusa International of Chula Vista, CA	Hodges, Melanie Hoffman, Maria E.	Sloan, Helyn Smith, April
Altrusa International of Oxnard, CA	Hugunin, Sheila M. Johnson, Leslie	Stokes, Shauna M. Telleria, Kathleen M.
Banwell, Ann	Kurzyna, Aggie	Ulincy, Kathryn
Baran, Betty	Lucas, Marcia	Young, Patricia A.
Boydston Howard, Reon	McPherson, Bonnie	Zoller, Patricia A.
District Eleven	Riggins, Janice A.	
Gilb, Denice R.	Robello, Julie	

Considering Going Solar?

Worried about your increased electric bill this summer? **Get your electricity from the sun!**

Call **Gil Sery** at **Incentive Solar** TODAY for your free, personalized, no-obligation solar quote!

Call (858) 805-5726



Congratulations on a Successful
Conference to Altrusa International of
Chula Vista and their Conference
Committee

Co-Chairs: Dr. Julie Robello & Danielle Robello

Treasurer: Lina Silva-Cestero Ceremonies Coordinator: Eva Salas

Registration: Ceci Garcia Special Events: Juanramón Castel

From Altrusa International of Anaheim, Inc



CREATING WAVES OF CHANGE

*Congratulations
Altrusa Chula Vista
Have a successful conference*

From the generosity of Scott & Lorrie Heising, Rancho Santa Fe

Desert Oasis
*Bed & Breakfast
in Tucson, Arizona*

Patricia Young, Owner

520-296-8126 or pattyomail@gmail.com

\$50 off of every night stay up to 5 nights

(reg. rate \$100)

Captured by: *Venus*
Photography

Portrait photography specializing in:

Family Portraits
High School Seniors
Headshots
Maternity
Boudoir

T: 619.368.8677
E: venus@capturedbyvenus.com
W: www.capturedbyvenus.com



Mitchell Simkovsky
Amy Simkovsky



A&M Taxes, Inc.
TAX PREPARATION AND BOOKKEEPING
AMTAXESINC@GMAIL.COM

PO Box 1442
Lakeside, CA 92040


(619) 246-1142 Mitchell
(619) 861-2207 Amy

Altrusa Chula Vista



**Celebrating
our club's
64th birthday!**



Cheers 
**to our three
members who
serve at
District Eleven
level**



**Altrusa
International
of the
Central
Coast**

**ASTRA
of Pioneer
Valley High
School**

**ASTRA
of Ernest
Righetti
High School**

*Supporting literacy and community
on the Central Coast*



2351 Boswell Road
Chula Vista, Ca 91914

(Phone) 619 421-4488
(Fax) 619 421-0888

8:00 am-6:00 pm,
7 days a week

Closed Major Holidays
Christmas Eve and New
Year's Eve 10am-2pm
24 Hour Access Available

NOW OFFERING

Uhaul, Data Disposal Inc and Enviro Green Electronic Recycling Services
9:00 am- 4:30 pm • 7 days a week • 619 210-0377

Closed Major Holidays • Closed Christmas Eve and New Year's Eve



DATA DISPOSAL, INC.



www.theeastlakeselfstorage.com

www.facebook.com/eastlakeselfstorage

info@theeastlakeselfstorage.com

April 29 - May 1, 2022

Amna Sanctuary, a 501(c)(3) nonprofit organization serving refugee families wishes to thank the Chula Vista Altrusa members and Dr. Julie Robello, President, for supporting two programs serving refugees.



GREEN BASKET:

**A PROGRAM PROVIDING
HYGIENE SUPPLIES
MONTHLY FOR REFUGEE
FAMILIES.**

BLESS THESE HANDS:

**A PROGRAM
SUPPORTING
REFUGEE MOTHERS
EARNING INCOME FOR
THEIR FAMILIES.**

**On behalf
of all our
refugees we
thank you!**

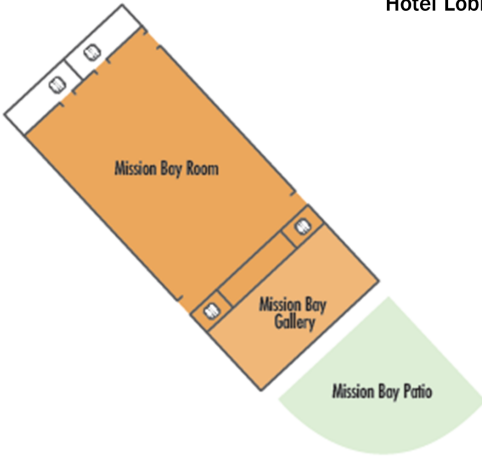
**When you support refugees,
you invest in our community.**

*Learn more about our
mission by visiting
Amnasanctuary.org*



book design | graphic arts | web | interior spaces Eva Salas aplombmedia@icloud.com

Hotel Lobby



Paradise Point

San Diego's Island Resort

Parking Lot

